

## **Product Syllabus:**

- What is paranoia?
- Delusions of persecution
- Distorted reality
- Causes
- Risk factors
- Genetics & paranoia
- Paranoia and mental illness
- Paranoid behaviour & moods
- Delusional behaviour
- Relationships
- Internal triggers
- · External triggers
- · Paranoid thoughts
- · Physical signs
- Fear

- Agitation
- Suspicious thoughts
- Self-insight
- Paranoid schizophrenia
- Paranoid personality disorder
- Grandiosity
- · Delusional disorder
- Treatments
- Medication
- Self help
- Positive steps
- Hospitalisation
- Role of the family
- Identifying paranoia
- Caring for a paranoid individual

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